

9. A BOMME BA BA BELAELWANG KGOTSA BA BA NANG LE BOLWETSE JWA COVID-19 BA TLHOKA GO BELEGA KA LOARO?

NNYA, lekalana la mafatshefatshe la botsogo (WHO) le rotloetsa gore bomme ba belege ka loaro fela fa go patikwa ke mabaka a botsogo. Go nna le bolwetsi jwa COVID-19 ga go a tshwanela go fetola ka fa pelegi e diriwang ka teng.

10. KA NAKO YA PELEGI FA MME YO O ITSHOLOFETSENG A BELAELWA KGOTSA A NA LE BOLWETSE JWA COVID-19 O THUSIWA JANG?

Mme yo le ba ba tlaabong ba mo tlhokometse mo kokelong, ba tla apara diaparo tsa itshireletso go fokotsa kgonagalo ya gore mogare o ka fetela kwa go ba bangwe le losea lwa gago. Losea lwa gagwe le ka nna la bewa mo ntlwaneng e sele go fokotsa kamano le mmaagwe morago ga pelegi.

11. A BOMME BA BA NANG LE BOLWETSE JWA COVID-19 BA KA AMUSA KA LEBELE?

EE, bomme ba ba nang le bolwetsi jwa COVID-19 ba ka amusa masea. Mme fa ba ikgethela go amusa ka lebele ba tshwanetse go;

- Apara letsela le le thibang molomo le nko ka nako tsotlhe fa ba amusa kgotsa ba tshwere losea
- Tlhapa diatla nako tsotlhe pele ga ba amusa le fa ba sena go amusa
- Phepafatsa fa ba nnang teng le mafelo a ba amanang le one ka diatla ka nako tsotlhe.



Republic of Botswana

**Go itse go feta fa;
Ministry of Health & Wellness**



Covid-19_Mohw



16649

Vision: A Healthy Nation by 2023.

Values: Customer Focus, Botho, Timeliness, Equity, Teamwork, Accountability.

E dirilwe ka tirisano mmogo le UNFPA



**DIPOTSO LE
DIKARABO KA
BOIMANA LE
TSHOLO MO
NAKONG YA
COVID-19**



1. A BOMME BA BA ITSHOLOFETSENG BA MO DIPHATSENG TSE DI KWA GODIMO TSA GO TSENWA KE BOLWETSE JWA COVID-19?

Mo nakong ya gompiano ga gona bosupi jo bo tlhomameng gore ba mo diphatseng go gaisa mongwe le mongwe. Mebele ya bomme ba ba itsholofetseng e a fetoga, le masole a bone a mmele a amiwa ke diphetogo tse, ka jalo go bothokwa gore ba ipabalele kgaatlanong le bolwetse jwa COVID-19.

2. BOMME BA BA ITSHOLOFETSENG BA KA IPABALELA JANG MO BOLWETSENG JWA COVID-19?

Bomme ba ba itsholofetseng ba tshwanetse go sala morago ditaello tsa itshireletso fela jaaka mongwe le mongwe. Go dirisa letsela le le thibang molomo le nko fa ba le mo mafelong a morafe, go tlhapa diatla ka metsi a a phepa le molora, go katologana, le go phepafatsa mafelo a a ka tshwarang mogare.

3. A GO BABALESEGILE GORE BOMME BA BA ITSHOLOFETSENG BA KA YA TSHIDILONG/ ITEKODISONG YA BONE KA FA E RULAGANTSWENG KA TENG?

EE, bomme ba ba itsholofetseng ba tshwanetse go tswelala jaaka gale ka tshidilo, le go lekolwa go hema ditlamorago tsa boimana tse di sa siamang. Le fa go ntse jalo go bothokwa gore ba ipabalele mo go amiweng ke bolwetse jwa COVID-19 ka nako tsothe.

4. A BOMME BA BA ITSHOLOFETSENG BA LETLELELWA GO YA KOKELONG LE BAKAPELO BA BONE?

EE, ba gololesegile go tsamaya le bakapelo ba bone gore le bone ba kgone go kopa ditlamelo tsa botsogo, ga mmogo le go ema bo mme ba bone nokeng.

5. MME YO O ITSHOLOFETSENG O TSHWANETSE GO DIRA JANG FA A NA LE DIKAI TSA MHIKELA?

- Leletsa ngaka kgotsa kokelo e e gaufi, kgotsa nomoro ya 16649 go kopa dikgakololo.
- Fa a tlhoka thuso ya potlako o ka leletsa 997. O ka tlhoka thuso ya potlako fa a na le dikai tse: go hema ka thata kgotsa ka tshokolo, mafatla a le bothoko kana go hupela.

6. A BOLWETSE JWA COVID-19 BO KA FETA GO TSWA MO GO MMANGWANA GO YA KWA NGWANENG KA NAKO YA BOIMANA?

Mo nakong ya gompiano ga gona bosupi jo bo papametseng jwa gore mogare wa corona o ka fetela kwa ngwaneng ka nako ya boimana/fa mme a itsholofetse.

7. A GO NA LE KGONAGALO E E KWA GODIMO YA GORE MME YO O NANG LE BOLWETSE JWA COVID-19 A SENYEGELWE KE BOIMANA?

Mo lobakeng lwa gompiano, ga gona bosupi jwa gore bolwetse jwa COVID-19 bo ka dira gore mme a senyegelwe ke boimana kgotsa losea le tsholwe le na le bogole bope fela.

8. A BOLWETSE JWA COVID-19 BO KA BAKA MATHATA MO BOIMANENG?

Ditlhotlhomiso tse di leng teng mo nakong ya gompiano ga di supe fa bolwetse jwa COVID-19 bo ka baka bothata ka nako ya boimana kgotsa jwa ama botsogo jwa ngwana morago ga pelegi.

