

Mogare ga o kgetholole,  
le rona fela jalo ga re a  
tshwanela go kgetholola,  
#MmogoRekaThibelaCOVID-19



Republic of Botswana

Ministry of Health & Wellness  
COVID-19 CALL CENTRE: 16649

**Vision:** A Healthy Nation by 2023

**Values:** Customer Focus, Botho, Timeliness, Equity,  
Teamwork, Accountability.

**SE LETLELELE  
GO TSHABA BOLWETSE  
JWA COVID-19 GO BAKA  
KGETHOLOLO**



## KETAPELE

Rotlhe re na le karolo e re tshwanetseng ra e tsaya go somarela botsogo jwa mmele le tlhaloganyo jwa rona le batho ba bangwe ka nako e ya mogare wa COVID-19. E ke nako e e thata mo go rona rotlhe, ka jalo re tshwanetse ra nna lebole, ra amogela bangwe ka rona, ra supa lerato ka nako tsothle.

## KGETHOLOLO KE ENG?

Kgethololo mo botsogong e raya go leba kana go tshola motho ka tsela e e sa amogelesegeng ka gore o na le bolwetse.

Ka nako ya go tlhagoga ga malwetse a a borai gape a sa tlwaelesega, batho ba kgona go kgetholola ba bangwe kgotsa ba amanya bolwetse le batho bangwe.

## KE ENG SE SE BAKANG KGETHOLOLO?

- Go nna le poifo e ntsi thata ya bolwetse le dintsho tse di bakwang ke bolwetse
- Go thoka kitso e e tletseng ka bolwetse mo sechabeng.

## KE MANG YO O MO DIPHATSENG TSA GO KGETHOLOLWA KA NAKO YA COVID-19?

- Batho ba ba tswang kwa mafelong a a nang le bolwetse jwa COVID-19.
- Batho ba ba tswang kwa dikwarantining.
- Badiri ba botsogo
- Batlhokomedi, masika le ditsala tsa motho yo o nang le bolwetse jwa COVID-19
- Batho ba ba nang le bolwetse jwa COVID-19

## DITLAMORAGO TSA KGETHOLOLO KE ENG?

Kgethololo e ka dira gore batho ba seka ba tshwaragana le go fokotsa tirisanyo mmogo e e ka thusang mo go fokotseng kanamo ya bolwetse.

## KGETHOLOLO E KA DIRA TSE DI LA TELANG:


- Go sa ipolela fa motho a na le dikai tsa bolwetse
- Go sa kopa ditlamelo tsa botsogo
- Go itsa batho go fetola maitsholo
- Go amega maikutlo le tlhaloganyo

## BATHO BA BA KGETHOLOLWANG BAKA IPHITLHELA BA TSENE MO DIPHATSENG TSA;

- Go itewa
- Go kgaphelwa kwa thoko mo sechabeng
- Go timiwa ditlamelo kgotsa mmereko
- Dipolao tsa letso le mmala

## RE KA THIBELA JANG KGETHOLOLO?

- Se amanye bolwetse le motse, batho kgotsa lefatshe.
- Se supe ope ka monwana gore ke ene a tsisitseng bolwetse mo lefatsheng
- Netefatsa gore o bala dikgang tse di boammaruri ka bolwetse
- Amogela batho ba ba tswang mo dikwarantining le baba neng ba lwala.
- Nna le dikakanyo tse di siameng, le go bua mafoko a a kgothatsang.



Kgethololo e ka ama maikutlo le botsogo jwa tlhaloganyo mo go ba ba kgethololwang.